

Grampian University Hospitals

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AS/ST/0182596

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CRN: 0182596M

CHI: 0712232036

Date Dictated: 04/08/03 Date Typed: 06/08/03

Dear Dr Sinclair

MR ALEXANDER LAING (07/12/1923) 6 HILTON STREET, ABERDEEN, AB24 4QX

Date of Admission: 7.7.03
Date of Discharge: 28.7.03

*DIAGNOSIS - DECOMPENSATED HCV
ASSOCIATED CIRRHOSIS*

Discharge medications: Propranolol 40 mg once daily, Lactulose 20 ml twice per day, Senna two tablets twice a day, Quinine Sulphate 200 mg at bedtime, Spironolactone 200 mg once daily, Cyclizine 50 mg once daily, Lansoprazole 30 mg twice a day, Domperidone 20 mg

Mr Laing was admitted with nausea, vomiting and distended abdomen. He is hepatitis C positive. A liver biopsy in 1996 did showed fibrosis but this is thought to be secondary to his blood transfusion. He also had bowel carcinoma in the early 1990's. On admission he was found to have ascites and tremor. Obviously there was concern about hepatoma secondary from the previous bowel malignancy. He had a CT brain and also had neurological opinion to find out the cause of the tremor and the Neurologist thought that the tremor was atypical of Parkinsonian Disease and did not start him on any particular medication. Upper GI endoscopy did show varices and he was started on Propranolol. He became a bit bradycardiac and the dose of Propranolol was reduced accordingly. The ascites was drained and he felt much better after that. A CT abdomen and chest was done to rule out any metastasis or any hepatoma and the findings were negative. However he continued to have quite marked vomiting, and the doses of his Lansoprazole and Domperidone were doubled without much affect. At one point he had Cyclizine injected and that helped him greatly following which he did not have any further nausea or vomiting. We still do not know the appropriate cause of the nausea and vomiting. It is unlikely that if it was labyrinthine in origin Cyclizine would cure it in a single shot. He will be followed up in the clinic as planned previously.

Yours sincerely

[Signature]
DR A SENGUPTA
SHO

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|-----|----------------------|---|
| S | FILE | ✓ |
| T | TELL PT SATISFACTORY | |
| C | MAKE APPOINTMENT | |
| L | FOR PRESCRIPTION | |
| D | NOTES PLEASE | |
| ST | COMPUTER | |
| J | UPDATE PROBLEM LIST | ✓ |
| A | NURSE ATTENTION | |
| I | CMS | ✓ |
| G | | |
| REG | | |
| LOC | | |

15 AUG 2003