Greater

Glasgow

Greater Glasgow Primary Care NHS Trust

Our Ref: AE/AB

Your Ref:

If phoning, ask for: Audrey Ewing

ALCOHOL & DRUG DIRECTORATE

10th April 2002

Dr. Seonaid McCallum SPR
Liaison Psychiatry
Department of Psychological Medicine
Royal Infirmary of Edinburgh
3 Lauriston Place
EDINBURGH
EH3 9YN

Dear Dr. McCallum

RE: Victor Tamburrini, D. O. B. 24.04.57 284E London Road, Glasgow

Thank you for referring this 44 year old gentleman who was being considered for a liver transplant to the Community Alcohol Service. I visited Mr. Tamburrini at home for assessment on the 2nd of April 2002.

Mr. Tamburrini described a 7 year history of heavy drinking, which had escalated because he was working in the pub trade. Prior to this he had been working in Glasgow's fruit market and began work at around 5.00 a.m. therefore drank very little. He told me that he had been abstinent from alcohol for 8 weeks, but prior to that he was consuming around 50-100 units of alcohol each week, over 5 days

Mr. Tamburrini did not consider his drinking to be excessive, and whilst he understands the potential consequences of any continued alcohol consumption, is clear that he would not have considered abstaining from alcohol, if it were not for the fact that his liver is so badly damaged. Mr. Tamburrini denied any withdrawal symptoms from alcohol. There was no evidence of any central nervous system complications. He is fully aware of the seriousness of his liver damage, however was unaware of any other physical complications of his drinking.

There is no family history of addiction or psychiatric disorder that he is aware of. He has no forensic history and has never been treated for alcohol abuse before. He admitted to some experimental drug use in his teens but denied any current use. There was no evidence of any psychiatric disorder and although Mr. Tamburrini admitted to feeling somewhat bereaved at giving up alcohol, and had been pre-occupied with worry about his physical health for some time, he believes that this has eased and that he is now coping well with things.



Community Alcohol Service, 101 Denmark Street, Possilpark, Glasgow, G22 5EU Tel No: 0141 531 9337 Fax No: 0141 531 9314

Mr. Tamburrini lives with his supportive wife, and although he is not working at the moment, is keen to return to work. He has recently been informed that he does not require a liver transplant, but is continuing to attend the Royal Infirmary of Edinburgh for tests. He is unsure about whether or not he will now be treated for hepatitis C, but is keen to accumulate as much information about this as possible. In summary, this 44 year old gentleman who was previously being considered for a liver transplant remains motivated for continued abstinence from alcohol, despite that fact that he may have a tendency to minimise his alcohol problem. He was not keen to attend any group work and felt that he had gotten over the most difficult part, with the support of his family, however he did agree to see me again next month for review.

I have made him aware of some of the relapse prevention sessions, which may be useful, and he was certainly willing to consider them.

I will keep you informed of his progress.

Yours sincerely

Audrey Ewing

Community Psychiatric Charge Nurse

Community Alcohol Service

cc Dr. Van der Haven, Bridgeton Health Centre